

MONKEY vs LIZARD

What type of Brain are you?



#MonkeyVsLizard

CONFLICT AND THE BRAIN

Barbed-back Baboon!

You tend to use more Mammalian Brain and less Reptilian Brain! You're beginning to think reflectively about the situation. Most people have an automatic Reptilian response to a perceived threat, to protect us from danger. With an active Reptilian Brain it's difficult to keep calm. Do something to relax. It makes talking much easier.

Give **THE QUIZ** another go!

Soon you'll be swinging from the trees!

STAY IN TOUCH AND DISCOVER MORE ABOUT OUR WORK:

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