

SC Scottish Centre for Cyrenians CR Conflict Resolution

CONFLICT AND THE BRAIN

Oranguzilla!

You tend to have a balanced response! Most people have an automatic Reptilian response to a perceived threat, it's important as it protects us from danger. When the Reptilian Brain is active it's difficult to think reflectively. You're trying to balance initial Reptilian reactions with your deep thinking Mammalian Brain. Take a deep breath.

Rid yourself of your scales and try more of that monkey business!

Give THE QUIZ another go!

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