

OXYTOCIN

is packaged in warm, loving relationships and safe environments!

Promotes feelings of love and trust

✕

Improves connection and communication

✕

Reduces anxiousness and aggression

✕

Increases self-confidence

Directions for use

To increase levels of Oxytocin spend time with loved ones, do something you enjoy or just relax and listen to your favourite music.

Caution advised

To maintain Oxytocin levels, be generous with love and affection, with smiles, hugs and cuddles!

Discover more of the Brain's Amazing Drugs at
www.scottishconflictresolution.org.uk



We acknowledge the support of the Scottish Government through a CYPFEIF and ALEC Fund Grant. Cyrenians is a Scottish Charitable Incorporated Organisation (SCIO), registered charity SC011052.



SCCR

Scottish Centre for
Conflict Resolution

cyrenians

The Brain's Amazing Drugs Cabinet

brings you

The Brain's Outstanding
"Love Drug"



The most natural way to feel
happy and loved!