

ENDORPHINS

are Packaged in social or physical activity or just being with friends!

Provide feelings of elation and relief from pain

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Promote a sense of excitement and satisfaction

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Increase social confidence

Directions for use

Released during sport, exercise, and creative activities as well as just being with friends and loved ones.

Caution advised

Excessive amounts can be responsible for heightened states of rage or anxiousness.

Discover more of the Brain's Amazing Drugs at
www.scottishconflictresolution.org.uk



SCCR

Scottish Centre for
Conflict Resolution

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The Brain's Amazing Drugs Cabinet
brings you

The Brain's Exquisite
"Tranquillising Drug"



Enhances pleasure and eliminates pain!