

MONKEY VS LIZARD



What type of Brain are you?



CONFLICT AND THE BRAIN

Oranguzilla!

You tend to have a balanced response! Most people have an automatic Reptilian response to a perceived threat, it's important as it protects us from danger. When the Reptilian Brain is active, it's difficult to think reflectively. You're trying to balance initial Reptilian reactions with your deep-thinking Mammalian Brain. Take a deep breath.

Rid yourself of your scales and try more of that monkey business!



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We acknowledge the support of the Scottish Government through a CYPFEIF and ALEC Fund Grant.
Cyrenians is a Scottish Charitable Incorporated Organisation (SCIO), registered charity SC011052